



IGNITING EMOTIONAL WELLNESS...

Resilient Together

HELP IS ALL AROUND YOU!



School Resources:

Students: Talk to a teacher, school counselor or mental health professional who can guide you to and/or assist with needed support.



Community Resources:

District and school staff work with students, parents/guardians and families to provide outside mental health agency support.



For Additional Assistance:

Parents: Contact your child's school or the department assistance line at (305) 995-7100.

Students: 24-hour crisis support
Call: 1-800-784-2433
Text: HELLO to 741741



M-DCPS
DEPARTMENT OF
MENTAL HEALTH SERVICES

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mentalhealthservices.dadeschools.net